


# FAMILY DYNAMICS IN ADDICTION



## THE ENABLER

This family member often covers up or makes excuses for the addicted individual to avoid conflict. 

## THE HERO

The hero strives for perfection, seeking to bring positive attention to the family as a form of coping.

## THE SCAPEGOAT

This person acts out, diverting attention from the real issues, often facing blame for family problems.



## THE LOST CHILD

Withdrawn and quiet, they often fade into the background as a way to escape family strife.



## THE MASCOT

Uses humor to lighten the family's burden, often downplaying serious situations and emotions.